



KIRKWOOD SOCCER CLUB PHASE 2 COVID-19 TOURNAMENT / LEAGUE PROTOCOL

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General Guidance

The following plan has been created in accordance with the State of Delaware's Phase 2 reopening guidance. "All youth sports may resume competition on June 15, 2020, and may resume tournaments on June 20, 2020."

- All sports must adhere closely to CDC Guidance: <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>
- All out of state participants including tournament organizers, teams, officials and spectators must adhere to Delaware state guidelines in order to participate in any KSC event.
- High human touch surfaces (toilet rooms, water fountains, etc) will be sanitized using CDC guidance on a frequent basis.
- Signage will be posted to keep parties moving through the club safely and in a way to minimize physical contact.
- Staff will be monitoring grounds reminding spectators and players of physical contact distancing and using face coverings.

Face Coverings & Social Distancing

Each sport participant (players/staff/volunteers/parents/spectators) must comply with face covering consistent with Delaware's State of Emergency order. This is especially important when social distancing cannot be maintained.

The below protocol will be followed:

- Each sport must comply with social distancing guidelines of 6 feet or more for all players, staff, coaches, officials and spectators to the greatest extent possible.
- Organize/stagger player arrival and departure procedures to reduce mixing of teams and close contact.
 - KSC will recommend to each tournament/event organizer to structure their schedules to limit time in between games, and once the team's games are done that they leave the facility.



- KSC will strongly recommend that tournament/event organizers structure their schedule to minimize the amount of time each team is at the facility.
- Have players and spectators wait in cars before and in between games.
- Delaware Public Health strongly recommends that practice, competition and tournament groups/teams be limited to 15 players plus staff. During competitions and tournaments, groups/teams should remain stable from one day to the next, meaning the same players and staff should make up one group/team.
- Players and staff should not switch between groups/teams, and interaction between groups/teams should be restricted as much as possible to reduce the risk of spread of COVID-19 between teams.
- Ensure adequate space between the water and personal equipment of each player so that physical distancing of at least 6 feet can be maintained during breaks.
- Players should not gather in enclosed spaces for “huddles” or “team talks.”
- Ensure social distancing during non-playing time: arrange alternate seating so that youth are not clustered together on bleachers.
 - KSC will not provide any benches, bleachers, or picnic tables to discourage close seating.
- Discourage unnecessary contact like high fives, hugs and post-game line-ups and handshakes with opposing team and officials.
- All celebrations should adhere to social distancing guidelines; no group celebrations after goals, wins, etc.
- All spectators must adhere to the gathering restrictions set forth in Delaware’s State of Emergency Orders.

Hygiene Guidelines

- Players, staff, coaches, officials and all participants in youth sports should be encouraged to wash hands for 20 seconds with soap and water before and after practice and games.
- KSC will provide hand sanitizer or hand washing stations must be readily available for all players, staff, coaches, officials, spectators and all participants throughout facility, including at every field as well as bathrooms.
 - Hand sanitizer must be composed of at least sixty percent (60%) ethanol or seventy percent (70%) isopropanol.
- Encourage all players, staff, coaches, officials and all participants to cover their coughs or sneezes.
- Spitting is not allowed.



Disinfection Procedures & Frequency

- The KSC facility will be cleaned and sanitized throughout each day, as well as at the end of each day of play.
- All common areas will be sanitized to include fence railings, door handles, etc.

Equipment Management

- Players, staff, coaches, officials and all participants should bring their own drinks, towels and clothing.
 - No team water coolers will be permitted.
 - Sharing of water is not permitted.
- Each player is responsible for their own equipment, and no equipment should be shared between team members.

Screening For & Addressing Illness, Including COVID-19

Delaware Public Health Essential Services Screening Guidance should be followed for athletes, staff, coaches and officials for practices, competitions and tournaments.

- Those that are feeling sick, coughing, or sneezing should stay home.
- Those who have been in contact with someone with COVID-19 or who have tested positive for COVID-19 should not attend athletic activities until cleared by Delaware Public Health.
- Individuals who become ill with COVID-19 symptoms should be immediately isolated from others until they are able to leave the premises.

Ventilation

- Outdoors practice and play is safer than indoors.
- For KSC events, all games will be played outdoors. The indoor facility will be closed.

Communication Plan

- KSC will post extensive signage instructing participants and spectators about required face coverings, maintaining 6 feet distance, hand washing, covering coughs and sneezes and to stay home if they are experiencing symptoms of COVID-19.
- Identify a safety and hygiene manager who is responsible for COVID-19 screening and concerns.



- All coaches, staff, officials and families should know who this person is and how to contact them.
- For each event, KSC will require each host tournament company to provide a safety and hygiene manager who would coordinate with KSC's Hygiene Manager: Adam Flanigan - Director of Operations; adam@kirkwoodsoccer.org
- Coaches, staff, officials, parents and players must be informed and routinely reminded of team infection control measures.
- Coaches, staff, officials, parents and players must be informed about the expectation to stay home when sick and are encouraged to contact the team safety and hygiene manager if they test positive for COVID-19 and to inform Delaware Public Health about possible exposures.
- Each organization and facility must comply with all other state, county and local requirements.
- Athletes and staff/coaches considered to be in the vulnerable populations should continue to stay at home and are encouraged to obtain medical clearance for participation.

Contact Tracing Plan

The Contact Tracing Plan will be broken into 4 stages. All stages will involve the Hygiene Managers from both the event organization and KSC.

- 1 Waivers & Standardized Screening Assessments EX: Google form that each participant needs to fill out each day of competition; We will collect data and cross check with each roster of every team at the event ensuring all participants have completed it.
- 2 Positive Test Identification
- 3 Communication With Infected Contacts
- 4 Communication With Event

Waivers & Standardized Screening Assessments

Kirkwood Soccer Club will provide the following waivers/forms to each event organizer. These must be provided to all participants prior to each event.

- Each participant must sign a COVID-19 waiver before participating
- Each participant must complete a Standardized Screening Assessment EACH DAY of event before participating.
- Kirkwood will require each event organizer to provide a list of all team rosters to include contact information for all players and coaching staff

In The Event Of A Positive Test

- Review schedule and team roster where the infected player(s) participated
- Identify all games that the participant played in
- Create contact sheet for all players who may have come into contact with the infected player



- Hire Professional cleaning company to disinfect and clean fields and facility

Communication Plan – All Who Came In Contact

- Send communication to all players and coaches that may have come into contact with the infected player
- Inform family of infected player of the communication sent to the contacted players and coaches
- Testing will be recommended for all that came in contact with the infected player.

Follow Up With Event

- Communication will be sent to all others at the event, but were not in direct contact with the infected player. This will include all players, coaches, and applicable public health officials.

Suggested Guidelines for Boys and Girls Lacrosse

The following guidelines were adopted based on the guidance from Delaware Public Health.

Boy's Lacrosse

Alternate Faceoff Procedures

- **Coin Toss:** Before the start of play, the “official” will call one player from each team and conduct a coin toss. The winner of the coin toss will start the competition with possession of the ball at the center spot. The loser of the coin toss will have the first alternating possession.
- **Positioning of Players and Starting Play:** The team that wins the coin toss will start with the ball in their offensive half of the field, near the center spot, with a free clear. All other players should be at least five yards from the player with the ball.
- **Post-Goal:** The goalkeeper or official removes the ball from the goal, and the team that was scored on will start with possession in the crease or along the goal line extended. No restart will take place if any player is within 5 yards of the ball carrier. When the whistle is blown by the official, play will resume.
- **Starting a New Quarter/Half:** The team that loses the coin toss at the start of the game will have possession to start the second half. No player should be within 5 yards of the ball carrier.

Loose-Ball Play

- When a loose ball is on the ground and cannot be quickly picked up because a group of players are tied up in a scrum, the official can end play early at their discretion (typically four or more seconds) and award the ball via alternate possession rule.



Procedures for Loose-Ball Technical Fouls

When a loose-ball violation has been committed, the offended team can receive a quick play-on when an official visually and verbally signals “play-on.” If the offended team cannot quickly gain possession of the loose ball, the play-on must be ended immediately. In general, if it is unclear whether the offended team will quickly gain possession of the ball, play should be stopped, and the ball awarded to the team entitled to possession.

Girl’s Lacrosse

- **The Draw:** Coin toss to determine possession at start of game. Goalkeeper ball after a goal is scored, whistle start.
- **Ground Balls:** No more than two players contest a ground ball (current 10 and under rule).
- **8-Meter Positioning:** Only one player per hash on 8-meter setup; existing rule that allows the defense to occupy adjacent hashes remains in force.

Soccer Specific Guidelines

- ◆ Headers, body checking and intentional direct contact with other players increases the risk of COVID-19. Consider disallowing them
- ◆ Time spent in defensive walls should be minimized.
- ◆ No player other than the goalkeeper may be in the 6-yard box. Fields without one may define a “goalkeeper only” area.
- ◆ When the ball goes out of play, it should be kicked in.
- ◆ No player or coach should pick up the ball (especially during a dead-ball period). Rather than a drop ball, players may use their feet/legs to move the ball.
- ◆ The ball must be sanitized after each game.
- ◆ Goalkeepers should wear gloves and disinfect them between games.

Additional Resources

<https://coronavirus.delaware.gov/wp-content/uploads/sites/177/2020/06/Play-Safely-Sports-Guidance-6-19-20.pdf>

